



BENTLEY CE PRIMARY SCHOOL

RSHE POLICY

Review date	March 2024
Period of review	3 years
Next review due:	March 2027
Governor Committee	Curriculum and Standards

Relationships, Sex and Health Education

Introduction:

At Bentley, the RSHE programme of study brings together citizenship with personal well-being through a values-based education. It is intended to support the school in developing a coherent whole-school approach to relationships, sex and health education (RSHE). RSHE also provides school with an opportunity to focus on the delivery of social and emotional aspects of learning.

Through RSHE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence. RSHE education is guided by the values of:

- Honesty;
- Kindness;
- Trust;
- Responsibility;
- Friendship;
- Self-control;
- Empathy;
- Respect;
- Tolerance.

Aims:

RSHE education at Bentley aims:

- to give pupils the knowledge and develop the self-esteem, confidence and self-awareness to make informed choices and decisions;
- to encourage and support the development of social skills and social awareness;
- to enable pupils to make sense of their own personal and social experiences;
- to promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
- to enable effective interpersonal relationships and develop a caring attitude towards others;
- to encourage a caring attitude towards and responsibility for the environment;
- to help our pupils understand and manage their feelings;

- to understand how society works and the rights and responsibilities involved.

Teaching and Learning:

In Key Stage 1:

RSHE is about making connections and is strongly linked to play. RSHE is taught through activities that are part of topics, as well as on an individual basis. Positive experiences are built through daily opportunities to share and enjoy a range of different activities. The children are given the opportunity to engage in social activities, as members of a small group or during whole school activities. Resources to support the teaching of RSHE are provided by the '1 Decision' online learning platform. Topics covered are under the themes of 'Keeping/Staying Safe', 'Keeping/Staying Healthy', 'Relationships', 'Being Responsible', 'Feelings and Emotions', 'Computer Safety', 'Our World', 'Hazard Watch' and 'Fire Safety'.

In Key Stage 2:

The RSHE curriculum divides the year into themes and RSHE may be linked to these values or taught on a more individual basis to promote necessary skills. The children are encouraged to engage in activities that promote an understanding of themselves as growing and changing individuals, and as members of a wider community, based on their own first hand experiences. These activities also encourage pupils to understand how their choices and behaviours can affect others. The children are encouraged to play and learn alongside, and then collaboratively with their peers. They may use their personal and social skills to develop or extend these activities. The children are also given the opportunity to make choices about their health and environment and are encouraged to develop a caring attitude to others. References for materials relevant to the value focus are given on the RSHE curriculum. Resources to support the teaching of RSHE are provided by the '1 Decision' online learning platform. Topics covered are under the themes of 'Keeping/Staying Safe', 'Keeping/Staying Healthy', 'Growing and Changing', 'Being Responsible', 'Feelings and Emotions', 'The Working World', 'Computer Safety', 'A World Without Judgement', 'First Aid'.

Assessment:

At Bentley, teachers integrate effective AfL in all areas of the curriculum. Assessment of learning will be undertaken through observing and listening to pupils, conversation with pupils or by questioning in plenary sessions.

In RSHE, this specifically involves:

- planning learning which builds on children's prior knowledge and shows progression in RSHE learning,
- using self and peer assessment to involve children in understanding their own learning and next steps;
- encouraging children to feed back to class teachers about which aspects of a value they would like to learn more.

Equal Opportunities:

Within RSHE, staff set high expectations. Each individual is ensured access to a full and varied programme of activities, with opportunities for all pupils to participate fully and effectively, including boys and girls, pupils with diverse additional educational needs, and pupils from all social and cultural backgrounds. Pupils are equally respected for whom they are and for the contributions they make regardless of their background. Knowledge, skills and understanding are taught in ways that suit pupils' current attainment level, and care is taken that all learning is appropriate so that pupils can make progress and show what they can achieve.

In order to provide access to learning and to meet pupils' diverse needs, specific action will be taken by staff to:

- create effective learning environments, providing for pupils who need additional support with communication, language and literacy;
- provide a multi-sensory approach using a variety of media;
- provide equality of opportunity through teaching;
- being a small school and where appropriate, teaching staff discuss all RSHE issues that arise in weekly staff meeting.

Related policies

This policy should be read in conjunction with;

- Assessment and Marking
- Educational Visits
- SEND
- SMSC Development
- Teaching and Learning
- The Promotion of British Values
- Volunteers