

Statutory Relationship Education and Health Education

Bentley CE Primary School - November 2020

Agenda

- **Why the curriculum is changing**
- **What is changing**
- **Teaching expectations**
- **What schools MUST and SHOULD do**
- **Our chosen resources to support these changes**



Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

Why is it changing?

- The Children and Social Work Act 2017 introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in schools
- Concerns about sexual abuse and exploitation
- Risks associated with children growing up in a digital world



Who has driven these changes?

According to a YouGov poll (2016) 92% of parents agree that pupils should be given PSHE lessons about staying safe from abuse and unsafe contact from strangers, both online and offline.

In 2017, Mumsnet users were asked if PSHE should be a statutory subject in all state-sector schools. 90% agreed that PSHE should be compulsory.



What is changing?

| Relationships Education (RE) | Relationships and Sex Education (RSE) | Health Education (HE) |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>All schools which are providing primary education, including all-through schools and middle schools (includes schools as set out in the Summary section of the 'Draft guidance').</p> | <p>All schools which are providing secondary education, including all-through schools and middle schools (includes schools as set out in the Summary section of the 'Draft guidance').</p> <p>Sex education is voluntary at Primary level and individual schools can decide their own approach.</p> | <p>All maintained schools including schools with a sixth form, academies, free schools, non maintained special schools and alternative provision, including pupil referral units.</p> <p>The statutory requirement to provide Health Education does not apply to independent schools – PSHE is already compulsory as independent schools must meet the Independent School Standards as set out in the Education (Independent School Standards) Regulations 2014.</p> |

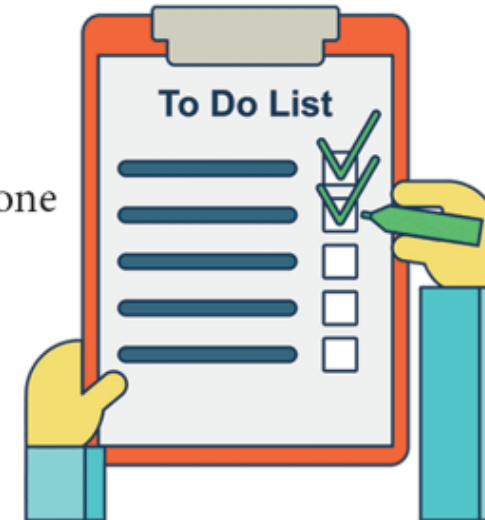
Teaching Expectations

| Relationships Education (Primary) | Health Education (Primary) |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Families and people who care for me• Caring friendships• Respectful relationships• Online relationships• Being safe | <ul style="list-style-type: none">• Mental wellbeing• Internet safety and harms• Physical health and fitness• Healthy eating• Drugs, alcohol, and tobacco• Health and prevention• Basic first aid• Changing adolescent body |

For more details on each subject area, please visit: www.gov.uk

What schools **MUST** do

- Create an official RE/RSE policy
- Consult with parents in developing and reviewing the RE/RSE policy
- Ensure the school complies with the relevant provisions of the Equality Act (2010)
- Provide a copy of the RE/RSE policy, free of charge, to anyone who asks for one
- Take into account the religious background of all pupils
- Must be accessible for all pupils set out in the SEND code of practice
- Must not encourage early sexual experimentation



What schools SHOULD do

- Publish the RSE policy on the school's website
- Reflect the views of teachers and pupils in the RSE policy
- In the policy, schools should cover how they handle primary age pupils asking questions pertaining to sex or sexuality
- Work closely with parents when planning and delivering RE/RSE
- Offer support to parents in talking to their children about sex education and link to what is being taught in schools



Our chosen resources



To enable us to fulfil these new statutory requirements, we have chosen a high quality resource to support teachers in their delivery.

1decision is a bank of video based lessons, which provide distancing techniques to subtly approach topics to enable students to explore sensitive subjects in a safe and structured environment.



Our chosen resources

Media coverage around these new subject areas has elevated fears amongst parents in the UK.

Within our school, we have carefully considered resources that will safely and subtly address each area. We hope, as parents/carers, you have the confidence that we are providing the highest quality education for your children.



Lesson Plans & Videos



Lesson Guide - Bullying



Lesson Guide - Friendship



Lesson Guide - Body Language



Lesson Guide - Touch



Video - Bullying



Video - Friendship



Video - Body Language



Video - Touch

Our whole-school coverage

| RSE / PSHE | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|-----------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------|
| Year R | Going to school Learning to share Friendships | Visiting the dentist Learning about germs Bedtimes | Why children play differently Road safety | Healthy eating People's differences | Screen time What is a best friend? | Moving up a year Seaside safety |
| Year 1 | Road Safety Healthy Eating | Fire safety - Enya and Deedee visit the fire station Bullying | Practise makes perfect Jealousy | Staying safe Online bullying | Money matters Hazards - Is it safe to play with? | Moving on Helping someone in need |
| Year 2 | Tying Shoelaces Washing hands | Friendship Brushing | Water spillage Worry | Image sharing Body language | Money matters Is it safe to drink? | Hoax calling Moving on |
| Year 3 | Leaning out of windows Medicine | Touch Making friends online | Stealing Grief | Computer safety Petty arson | Money Matters Hazard watch | Moving on Texting whilst driving |
| Year 4 | Cycle safety Healthy living Appropriate touch | Cycle safety Healthy living Appropriate touch | Coming home on time Jealousy Online bullying | Coming home on time Jealousy Online bullying | Chores at home Breaking down barriers Moving on | Chores at home Breaking down barriers Moving on |
| Year 5 | Peer pressure Smoking Puberty | Peer pressure Smoking Puberty | Looking out for others Anger Image sharing | Looking out for others Anger Image sharing | Enterprise Inclusion and acceptance Moving on | Enterprise Inclusion and acceptance Moving on |
| Year 6 | Water safety Alcohol Stealing | Water safety Alcohol Stealing | Worry Making friends online In-App purchases | Worry Making friends online In-App purchases | Conception British values Moving on | Conception British values Moving on |