

**EAT THEM  
TO DEFEAT THEM**

KS1

# Defeat the Vegetables!

Circle the veg you want  
to eat and defeat

**BRING IT ON  
TOMATOES!**



**SWEETCORN,  
IT'S  
TIME  
TO FACE  
THE HEAT!**



**YOU'RE STUFFED  
PEPPERS!**



**YOU'RE GOING  
DOWN PEAS!**



**IT'S CRUNCH TIME  
CARROTS!**



**HASTA LA VISTA  
BROCCOLI!**



Display on your school wall or  
fridge at home and send us a photo  
[hc3sbusinessdevelopment@hants.gov.uk](mailto:hc3sbusinessdevelopment@hants.gov.uk)

Name: \_\_\_\_\_

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Hampshire  
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**FOOD TO  
FLOURISH**  
CLASSROOM

**HC3S** FOOD TO  
FLOURISH