

# CALSHOT 2017

**Clothing** (Please ensure that all clothing and footwear is clearly named)

- At least 4 changes of underwear and 4 pairs of socks, thick pair of socks for skiing.
- 3 pairs of lightweight trousers e.g. leggings and tracksuit bottoms for daytime activities
- 1 pair of jeans for evening activities (optional)
- 2 pairs of shorts in case of good weather
- 5 T-shirts including 2 long sleeved T-shirts
- 2 warm jumpers/sweatshirts
- Warm, waterproof coat with a hood
- Gloves for skiing
- 2 pairs of trainers or strong shoes
- Wellington boots (please check they fit and provide a bag to put them in, long wellies not ankle wellies) - essential
- Pyjamas, slippers (optional)

## Toiletries

- Toothbrush, toothpaste, comb or brush, soap, shampoo (optional), tissues, flannel, towel
- Please note we have been advised not to bring any aerosols
- Sun hat and sun screen (even if forecast is for bad weather)

## Extras

- Cuddly toy (optional)
- Reading book
- Bag for wet and dirty clothes
- Small games but NOT electronic e.g. cards, UNO
- Small clock for room
- Water bottle
- Small bag to carry items such as prescribed medicines which are needed for the day

**Accommodation** - The children will be in rooms of 2 or 3. They will sleep in bunk beds. No bedding required but you might like to bring your own pillow case.

**Food** - Please do NOT send food or sweets - there is plenty of food available

**Luggage** - Please ensure all cases/bags are named, are of a sensible size and children are able to carry them.

**Pocket Money** - Please do NOT send children with any money. Everything that they need will be provided for them.

**Telephones** - The children cannot make or receive telephone calls - NO MOBILE PHONES!